

The Human ‘Operating System’

This is an excerpt from the presentation given by John Cowie at the Mysteries of the World Conference that was held on November 17th at Marlborough Leisure Centre, Wiltshire.

How do we ‘operate’? What makes us ‘work’? Where do our beliefs, cultures, phobias, superstitions, etc., originate? What gives us our individuality?

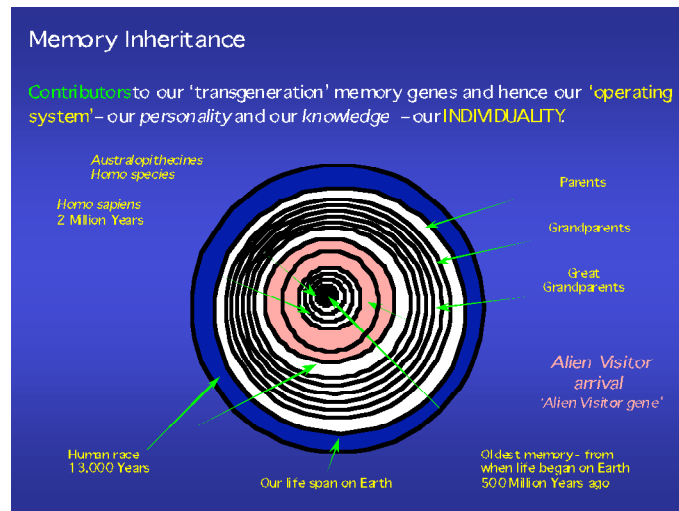
We can see quite clearly the importance of an ‘operating system’ (O/S) to the computer. Every general-purpose computer must have an O/S. The computer will not function without one. This fact has made Bill Gates, the founder of Microsoft, the richest person on Earth.

The ‘operating systems’ in the computer environment provide a proprietary software platform on top of which other computer programs, called ‘application programs’, can run. For example you can run the ‘application program’ Word, Excel or this PowerPoint presentation from the Microsoft Office Suite on one of the most popular ‘operating systems’, Microsoft Windows – Windows 95, 98, 2000, Windows NT®, Windows ME® or Windows XP ®.

All of these ‘operating systems’ reside in Read-Only Memory (ROM) that means you cannot gain access to the O/S. It is non-volatile and is never erased. But what you can manipulate is the ‘application programs’ – Word, Excel, etc.

‘Operating systems’ perform basic tasks, such as recognising input from the keyboard, sending output to the display screen, keeping track of files and directories on the disk and controlling peripheral devices such as disk drives and printers. For large computer systems, the O/S has even greater responsibilities and powers. It is like a traffic cop – it makes sure that different programs and users running at the same time do not interfere with each other. The O/S is also responsible for security, ensuring that unauthorised users do not access the system.

I believe this ‘operating system’ in humans is comprised of genes from not only our parents but ancestors reaching back to the beginning of life. Within our ‘operating systems’ I believe we have what I would call a ‘trans-generation’ subconscious memory that is made up of data gathered from the point when life began to when our life began. In addition to this we accumulate experiences and information during our life span on Earth that adds to this knowledge and might be likened to an ‘application program’ similar to Word or Excel, where we add our own files in a similar way to adding software and files to a computer’s hard disk which gives each computer its individuality. There are some experiences and information which change our personalities and seemed ingrained into us and there are also things which leave little impression on us and this might be compared to a game run on the computer’s CD ROM for a few weeks and then never played again. I hope this comparison starts to show how we can be individual even though we are born with common genes. So, it is possible to influence your life span on Earth, but you cannot change your inherited ‘operating system’!



The diagram titled Memory Inheritance gives a very basic idea of the complexity of our 'operating system'. We can use our imagination to expand this diagram. For example from the pink circles where I have introduced the Alien Visitor arrival, up to our parents generation, I have shown seven generations, where around 500 generations will have come and gone during the 13,000 years that have elapsed. From the point when life first began on Earth up until the arrival of our early Australopithecine/Homo ancestors, 500 million years of evolution had taken place. An important point for us was the emergence, from an unknown natural disaster that wiped out the dinosaurs, of a pig-like creature known as the lystrosaur. The lystrosaur slowly evolved into small ape like creatures called australopithecines that made the first steps on the human journey some 15 million years ago.

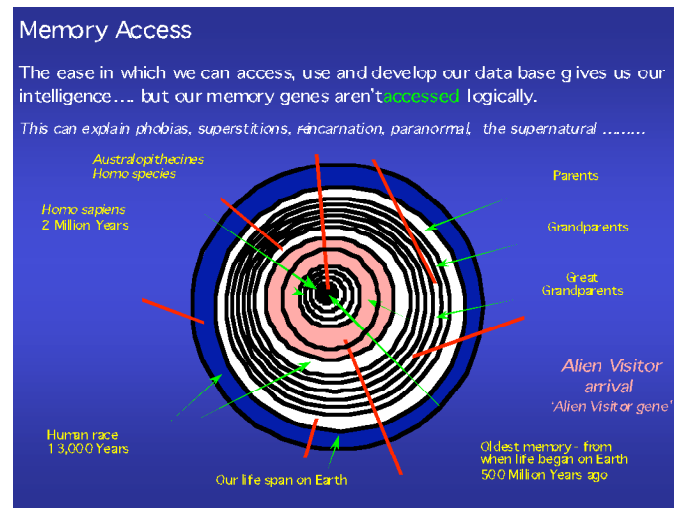
At this juncture it is worth suggesting a name or names for the circles that I have drawn, to help your imagination. I can refer to the circles as 'circles' that lend some mystery to our memory inheritance; it makes me think of crop circles. 'Rings' for me introduce the idea of nature and growth, the rings of an old oak or an ancient sequoia tree. 'Generations' give a feeling of family and our genealogy, while 'dimensions' conjures up the supernatural and paranormal.

How can we prove that this O/S exists? This can be clearly shown when we look at the 'interface' of the O/S and the beginning of our life span on Earth. When we see a new baby for the first time we remark on which features it has inherited from which parent or grand parent. Diplomacy can be important at this time! I have a photograph of my great great grandfather. Even though the photo is very old, I can see clear resemblances to my father and brother. With the advent of video cameras, future generations will be able to see more clearly the 'similarities' in appearances and mannerisms across the generations.

When a baby is born, the basic survival functions are already there, adapted and developed from the very earliest circles! A baby just 'knows' how to breath, cry, yawn, suck. If you drop the baby in a swimming pool it will swim. It will also know not to suck and swim at the same time!

It is clear that the new baby has come into the world with characteristics and a memory inheritance program that enables it to operate or to live its life as an individual on Earth.

It is very important that we recognise that we have inherited this individual O/S. I hope the complexity of our multi-million year old O/S demonstrates just how amazing and precious we all are!



To explain further let us look at the Memory Access diagram. In a computer it is very easy to locate a file, for example a Word document, and open it. But, unlike the logical silicon circuits in computers, our brain or memory is not accessed logically, because it is made up of chemicals that can be easily 'disturbed', thus creating many strange phenomena.

But first it is important here to highlight three states of mind - Conscious, unconscious and subconscious. The first two relate to our life span on Earth, the third to our inherited 'operating system'. My definition of conscious is 'alert and awake', the unconscious 'forgotten experiences', 'still there but no longer aware of' - (meet an old friend, begin to remember forgotten experiences) and the subconscious - 'not experienced in our own life-time' information.

Every second of every day, we subconsciously access our O/S, but there are occasions when we can inadvertently access our O/S consciously, with some interesting results.

Disturbances to our brain cells can be caused by bereavement, illness (fever), drugs (deliberate or accidental), fasting, and sleep deprivation. There are long-term hereditary mental illness problems such as paranoia and schizophrenia, or problems during pregnancy, which can result in conditions such as Autism, Dyspraxia etc.

It is important to recognise that our conscious insights into our subconscious memory (O/S) are all in the mind! Let us look at some of the amazing results. When we experience déjà vu, our minds seem to recall memories based on our experiences. This tricks us into believing there is a displacement of time in our present conscious lives. But I also believe that as a race, we are trying to decipher memories of events that we have not experienced. I think we can accidentally introduce our past

subconscious information, that is to say, data from our ancestors that is stored in our subconscious memory (O/S) to our present conscious memory.

As far as I know, there is no evidence of anyone touching a ghost but many people have 'seen' ghosts. I believe the memory of the ancestor exists in an individual's subconscious memory (O/S) and under certain conditions the 'video clip' of the ancestor or location can be accessed from the subconscious memory and appears as a 'ghost'. The same process applies to most Unidentified Flying Objects (UFO) sightings. Many people around the world have 'witnessed' this phenomenon. Some claim UFOs are currently mapping our planet. I think they were doing this 13,000 years ago and where people believe they see UFOs today they are actually seeing an inherited memory hidden in their subconscious.

People who believe they are reincarnations of our ancestors may also be bringing forward memories from a subconscious collective memory. I believe these memories are not resurrected from the individual's own life on Earth but from a database of human history which we all possess in our inherited trans-generation memory genes. In extreme cases, some individuals may find it difficult to lead their lives on Earth because of easy access to information stored in the brain of earlier generations. So, when Arthur Pendragon claims he is the twentieth-century reincarnation of King Arthur he is perhaps experiencing flashes of information from this trans-generation subconscious memory, which he has inherited and cannot easily control. Some people may believe they are reincarnations and others do not, depending on whether or not they have flashbacks from the trans-generation memory. A computer can also be seen to have 'flashbacks'. We may do a search to find a file and come up with a completely different one that was thought to have been erased several years ago.

Some of us can be party to new ideas and inventions which have yet to be launched on the general public. Having this knowledge can give the impression that we can foresee the future. Apart from having memories, we are also contained in the memories of other people. We may meet someone and be reminded of past experiences and sensations, but in the same way other people will meet us and recollect memories associated with us. Even if we do not have children our ideas are still transferred to consequent generations of people because of the impact we make on our peers and even on pets in our own lifetimes.

Our human tissue, our flesh and blood is comprised of a multitude of chemicals. So our brain or memory tissue is by no means a secure means of storing and retaining data. We can observe this reality as we grow older. The 'links' between the memory cells become weaker and we begin to look back on the memory that is easiest to access, our early memory of our life-span on Earth, our childhood and those we grew up with. . As we grow ever older we can become very confused as we slip back into information stored in our memory inherited from previous generations. Much of this uttered information does not make sense to even the closest member of the family. Perhaps, in trying to understand inherited memories we will gain a greater understanding of senility.

The silicon chip is a much more stable method of storing information. However, compared to the human brain, this silicon chip technology and the level of complexity is still in its infancy and computer 'hackers' can gain access to the information stored

in these silicon circuits. As mentioned previously all sorts of ways and means have been tried to dislodge or in some way manipulate our memory genes, but we are still some way off before we can 'hack' into the hidden memory in the human brain. I think we can try to excavate this knowledge using our imagination in addition to our intelligence.

It is important that we are aware our genetic 'operating system' can be counterproductive. Under given conditions we can revert back to fears, beliefs, superstitions, etc., contained in our subconscious memory. Sometimes we experience irrational fears, such as sense of horror when we see spiders, but we have no past experience in our own lives that could explain why we would be so frightened of this creature. This fear is not learnt, it seems to already be within us and is sometimes triggered but we do not know why. Perhaps our phobias and superstitions were once logical to us but during our evolution we have become unclear about why we have these impulses. The knowledge to understand them is still within our subconscious memories but is obscured or has been altered by the addition of more information through the generations. People sometimes suffer so badly from these irrational fears that they try to overcome them using hypnotherapy. Maybe this works because the hypnotherapist is able to draw out the forgotten knowledge in the patient and match it to the trigger so that it is no longer irrational and therefore alarming.

From the origin of life to the present, we slowly evolved, gathering data and developing our senses with each surviving generation. I believe this collection of knowledge and experience is passed on to every human as a kind of 'operating system'. Once we understand we have this amazing 'operating system' stored in our subconscious memory and accept that we are all pretty much equal in terms of our inherited 'trans-generation' data, then we might begin to bridge the formidable barrier between one person's thoughts and those of another.

The great benefit of knowing we have an 'operating system' is that we can appreciate and understand how we operate. I believe acknowledging our 'operating system' will move us forward to the next phase of our evolution where we can empower future generations with the knowledge to explore the mysteries of the universe.

John Cowie

© November 2001